

**TFWCONNECTICUT ON-SITE AND ZOOM GROUP SCHEDULE
EFFECTIVE 6/20/2020**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	ZOOMID PASSCODE

[illegible]

UPPER BODY 6:30am-7:30am	HURRICANE 6:30-7:30am		ENERGY CIRCUIT 6:30-7:30am	LOWER BODY 6:30-7:30am		
					INBODY 8:00am-8:30am	
					STRENGTH 8:45am-9:45am	
UPPER BODY 9:30am-10:30am	HURRICANE 9:30-10:30am	SPEED STRENGTH 9:30am-10:30am	ENERGY CIRCUIT 9:30-10:30am	LOWER BODY 9:30-10:30am		
					***KETTLEBELLS 10:00am-11:00am	
					**ABS/CORE 11:00am-12:00pm	

EVENING CLASSES	
100	Introduction to Psychology
101	General Psychology
102	Developmental Psychology
103	Abnormal Psychology
104	Psychology of Learning and Memory
105	Psychology of Language
106	Psychology of Thought and Cognition
107	Psychology of Personality
108	Psychology of Social Interaction
109	Psychology of Health and Behavior
110	Psychology of Aging
111	Psychology of Women
112	Psychology of Men
113	Psychology of the Elderly
114	Psychology of the Young
115	Psychology of the Middle-aged
116	Psychology of the Adolescent
117	Psychology of the Child
118	Psychology of the Infant
119	Psychology of the Fetus
120	Psychology of the Embryo
121	Psychology of the Zygote
122	Psychology of the Germ Cell
123	Psychology of the Sperm Cell
124	Psychology of the Egg Cell
125	Psychology of the Zygote
126	Psychology of the Embryo
127	Psychology of the Fetus
128	Psychology of the Infant
129	Psychology of the Child
130	Psychology of the Adolescent
131	Psychology of the Young Adult
132	Psychology of the Middle-aged Adult
133	Psychology of the Elderly Adult
134	Psychology of the Geriatric
135	Psychology of the Dementia
136	Psychology of the Alzheimer's
137	Psychology of the Parkinson's
138	Psychology of the Huntington's
139	Psychology of the Sclerosis
140	Psychology of the Multiple
141	Psychology of the Sclerosis
142	Psychology of the Multiple
143	Psychology of the Sclerosis
144	Psychology of the Multiple
145	Psychology of the Sclerosis
146	Psychology of the Multiple
147	Psychology of the Sclerosis
148	Psychology of the Multiple
149	Psychology of the Sclerosis
150	Psychology of the Multiple

UPPER BODY 4:15pm-5:15pm	HURRICANE 4:15pm-5:15pm	SPEED STRENGTH 4:15pm-5:15pm	ENERGY CIRCUIT 4:15pm-5:15pm	LOWER BODY 4:15pm-5:15pm		
UPPER BODY 5:30pm-6:30pm	HURRICANE 5:30pm-6:30pm	SPEED STRENGTH 5:30pm-6:30pm	ENERGY CIRCUIT 5:30pm-6:30pm	LOWER BODY 5:30pm-6:30pm		

MINIBODY REGISTRATION REQUIRED TO ATTEND CLASSES

*****Kettlebell Training Coach approval required to attend**

**ABS/Core

****Kettlebell Training and ABS/CORE Are Not part of the TFW Program**